

4 手術須知 Important Information

- + 如患有嚴重或慢性疾病，如高血壓、糖尿病、心臟病、藥物敏感、抗凝血藥物服用者等，應於手術前告知有關醫生。
- + 患者一般會在手術後數星期內逐步改善視力，可能有輕微屈光不正（包括老花），此屬正常情況。
- + 手術後須連續使用眼藥水數星期，直至完全康復，並須遵醫囑覆診。
- + 康復期間應多休息，避免做劇烈運動或游泳。
- + 手術後應避免揉眼，以免影響傷口癒合。
- + 如眼睛突然感到劇痛、紅腫、視力驟降，應立即向主診醫生求助。
- + Inform your doctor if you suffer from an allergy, high blood pressure, heart disease, diabetes and if you are taking anti-thrombosis medication.
- + Normal vision will be restored within a few weeks following the surgery. Mild refractive errors are normal (including presbyopia).
- + Eyedrops may be prescribed postoperatively as an aid to healing and prevention of infection. Follow-up consultations are important and should not be postponed.
- + Take plenty of rest after the surgery and avoid vigorous exercises and swimming.
- + Avoid rubbing or pressing on your eye.
- + Consult the doctor immediately if you develop persistent pain, redness, swelling, or any loss of vision.

4 查詢及預約 Bookings and Inquiries

如欲進一步了解本診所各項服務或預約診症，歡迎與我們聯絡。

You are welcome to contact our Eye Clinic for more information.

電話 Telephone : 2276 7157



Cataract Extraction

路線圖 Map



巴士 Bus

- | | | |
|-----|-------|------------------------|
| 39A | 荃灣西站 | Tsuen Wan West Station |
| 39M | 荃灣地鐵站 | Tsuen Wan MTR |
| 30X | 黃埔花園 | Whampoa Gardens |
| 30 | 長沙灣 | Cheung Sha Wan |

所有行經青山公路荃灣段之巴士：

- + 於荃德花園站下車，
- + 然後步行至荃景圍警署轉乘巴士到醫院。

To the Hospital Via Castle Peak Road:

- + Alight at Tsuen Tak Garden
- + Take the bus in front of Tsuen King Circuit Police Station

專線小巴 Minibus

- | | | |
|-----|-------|----------------|
| 95M | 荃灣地鐵站 | Tsuen Wan MTR |
| 95 | 荃灣碼頭 | Tsuen Wan Pier |

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小時特別門診
hour priority clinic

Adventist 港 Health 安 Tsuen Wan Adventist Hospital
荃灣港安醫院

地址：新界荃灣荃景圍 199 號
Address : 199 Tsuen King Circuit, Tsuen Wan, N.T.
電話 Telephone : 2276 7676
傳真 Fax : 2415 6767
網頁 Website : www.twah.org.hk

全港首間榮獲國際JCI評核認可醫院 (2006)
英國國家衛生服務「卓越」評核認可 (2000)
The First Hong Kong Hospital to be Accredited by JCI in 2006
Trent Accreditation since 2000

Adventist 港 Health 安

Tsuen Wan Adventist Hospital
荃灣港安醫院

白內障摘除手術 Cataract Extraction

- 眼科診所
Eye Clinic



A 荃灣港安醫院眼科診所

Tsuen Wan Adventist Hospital Eye Clinic

荃灣港安醫院眼科診所由富經驗的眼科醫生和醫護人員主理，提供全面性的眼科檢查、診治和手術治療等服務，並備有多部先進眼科醫療儀器，可處理白內障、青光眼、黃斑病、老年眼疾、屈光不正、常見兒童眼疾等常見眼睛問題，安全可靠。

With a dedicated team of ophthalmologists and nursing staff, utilizing state-of-the-art equipment, Tsuen Wan Adventist Hospital Eye Clinic provides a full range of eye examinations, as well as expert surgical treatment for patients with diseases of the eye, including cataracts, glaucoma, macular degeneration, geriatric and pediatric eye diseases, refractive errors, and others.

A 甚麼是白內障 What is Cataract?

白內障是香港三大致盲殺手之一。許多人以為要待白內障「成熟」了以後方能施手術摘除，其實不然。當它影響到工作或日常生活時，患者就需考慮動手術，以減低疾病對生活的影響，提高生活質素。而且，當白內障已變「硬」和「成熟」，手術風險亦會相對提高。

白內障是指眼球內的晶體變得混濁，無法折射光線至視網膜，令視線變得模糊，視力下降。要留意的是，白內障有機會演變為急性青光眼，引起頭痛和眼痛。如遇此情況，必須立即接受治療。

Cataracts are one of the three main causes of blindness in Hong Kong. It is not necessary to wait until the cataract becomes mature. When there is a significant decrease in vision that affects your work or daily activities, cataract extraction should be encouraged. Surgical risks increase as the cataract matures.

A cataract is a clouding of the eye's natural lens. It blocks the refraction of light to the retina and causes deterioration of vision. Cataract can develop into acute glaucoma, causing headaches and pain in the eye. It is important to consult your doctor if any of the above symptoms should occur.

A 成因和病徵 Causes and Symptoms

糖尿病、外來創傷、藥物、先天遺傳等都有可能導致白內障，但以老年白內障最為常見。早期的白內障可以沒有明顯徵狀，但隨著病情惡化，患者可能會出現下列病徵：

- + 事物變得模糊不清
- + 對色彩、光暗的敏感度降低
- + 眼睛容易疲倦
- + 畏光

Cataracts generally occur in older patients. Diabetes, ocular trauma, long term usage of steroids and an inherited predisposition, represent some of the risk factors. At onset, a cataract may not cause obvious symptoms, but as it increases in size and density, the symptoms become troublesome.

Significant symptoms:

- + A clouding or blurring of vision
- + Colors tend to fade
- + Eyes tire easily
- + Photophobia (discomfort, and at times pain, due to glare and bright light)

A 微切口白內障手術 Small Incision Cataract Surgery

手術摘除是最有效治療白內障的方法，可局部或表面麻醉後進行。荃灣港安醫院備有先進儀器，可為患者進行微切口白內障手術。手術簡單且傷口細小，相較於傳統手術可較快復原。



利用嶄新的超聲波乳化儀器，乳化和抽出白內障。

植入人工晶體有助患者恢復視力，且一般而言，植入人工晶體屬永久性，無須清洗或替換。

Cataract Extraction is the most effective treatment available. Using state-of-the-art equipment, our Eye Clinic provides small incision cataract surgery which can be performed under local anesthesia with complete patient comfort. Recovery after this operation is significantly faster than with the older traditional surgery.

Phacoemulsification is the most advanced method and utilizes an ultrasonic probe to soften and break up the lens, thus allowing the lens with its cataract to be removed by suction.

Implantation of an intraocular lens restores the patient's vision. This plastic lens requires no after-care, and becomes a permanent part of the eye.



A 手術風險 Risks Associated with Cataract Surgery

白內障手術的成功率達九成以上，大部份患者對其效果感到滿意，唯少數情況有可能出現如細菌性發炎、青光眼、傷口癒合等問題，請於手術前向眼科醫生查詢。

A few patients may develop infection, glaucoma, or a problem with wound healing, however, the overall incidence of these complications is small, and the majority of patients are very satisfied. Please discuss any concerns you have with the doctor prior to committing to surgery.



白內障 摘除手術

A 白內障摘除手術

A 日間手術	套餐收費
<ul style="list-style-type: none"> + 量度人工晶體度數 + 乳化白內障 + 植入透明軟式可摺疊人工晶體 + 3次跟進檢查 	原價 \$18,600 優惠價 \$13,750 (一隻眼)

收費細則

費用包括:

- + 外科醫生手術費
- + 手術室費用
- + 護理費
- + 手術期間常用藥物費用
- + 3次跟進檢查須於四至六星期內完成

費用不包括:

- + 手術前診症費
- + 手術正常程序以外的緊急服務
- + 白內障或手術引致併發症所需的各項治療費用 (包括再次手術和其他治療)
- + 淡黃人工晶體或功能性人工晶體
- + 手術後所需的藥物

注意事項

荃灣港安醫院保留更改及刪改上述資料的權利，而無須另行通知。



N-0808



Cataract Extraction

Cataract Extraction

A Cataract Extraction Package

A Day Case	Package Price
<ul style="list-style-type: none"> + Intraocular lens measurement + Phacoemulsification + Implantation of intraocular lens + 3 follow-up visits 	Original Price \$18,600 Discounted Price \$13,750 (Per each eye)

Terms and Conditions

Package Including:

- + Surgeon's fee
- + Operating room charge
- + Nursing Care
- + All necessary medications
- + 3 follow-up visits should be completed within 4-6 weeks

Package Excluding:

- + Pre-operative consultations
- + Emergency services beyond the routine procedure
- + Treatment fees for any post-operative complications
- + Special lens AcrySof IQ or Restore lens
- + Post-operative medications

Important information

Tsuen Wan Adventist Hospital reserves the right to make alterations to the price list without prior notification.



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Cataract Extraction