



**Physical Examinations** (The following plans only apply to Out-patients)

	Diabetes Mellitus	Vegetarian	Weight Management
+ Health Assessment by G.P. and Report	✓	✓	✓
+ Foot Examination	✓		
+ Tips from Dietitian			
Overview of Food & Glycemic Index	✓*		
Ways to Increase B12 & Iron in Vegetarian		✓*	
Nutrition Dense & Low Calorie Food for Weight Management			✓*
+ Healthy Lifestyle Advice/Exercise Tips	✓#	✓#	✓#
<b>Diagnostic Imaging</b>			
+ Electrocardiogram	✓		✓
+ X-Ray			
Chest	✓		✓
+ Ultrasound			
Upper Abdomen			✓
<b>Laboratory Investigation</b>			
+ Complete Blood Count	✓	✓	✓
+ Cardiac Marker (HsCRP)	✓		✓
+ Renal Function Profile (eGFR <sup>^</sup> , Bicarbonate, Urea, Creatinine, Uric Acid, Sodium, Potassium, Chloride, Calcium, Phosphorus)	✓	✓	✓
+ Diabetic Screening (Fasting Blood Sugar)	✓	✓	✓
+ Glycohaemoglobin (Hb A1c)	✓	✓	✓
+ Lipid Profile (Triglyceride, Cholesterol, HDL, LDL)	✓	✓	✓
+ Liver Function (Total Protein, GGT, Total Bilirubin, Direct Bilirubin, Albumin, Globulin, A/G ratio, SGOT, SGPT, Alkaline Phosphatase)	✓	✓	✓
+ Thyroid-Stimulating Hormone (TSH)			✓
+ Vitamin B12		✓	
+ Vitamin D		✓	
+ Total Iron Binding Capacity (TIBC)		✓	
+ Ferritin		✓	
+ Zinc		✓	
+ Magnesium		✓	
+ Iron		✓	
+ Folate		✓	
+ Urine Albumin Creatinine Ratio- MA/Cr	✓		
+ Urine Routine	✓	✓	
+ Stool Routine & Occult Blood		✓	
Price	\$3,270	\$4,900	\$4,280

**Other Special Discounts** (The following plans only apply to Out-patients)

All who join above physical examination programs can now enjoy a special discount on the following tests:

- + Leg Artery Doppler
- + Carotid Artery Doppler
- + CT Coronary Angiogram
- + Ultrasound Upper Abdomen
- + Bone Mineral Density Scanning
- + Treadmill Stress Test
- + Hemoglobin Pattern
- + Oral Glucose Tolerance Test
- + Exercise Assessment & Fitness Instruction
- + Dietary Counseling

You can ask our doctors for other optional tests.

**Important Information**

- + After Diabetes Mellitus Examination, if necessary, doctor may refer you to ophthalmologist for eye examination.
- + <sup>^</sup>eGFR is for adults only.
- + \*For bookings and enquiries of diet tips, please call our dietitian at (852) 2276 7338.
- + #For bookings and enquiries of lifestyle advice, please call Lifestyle Management Center at (852) 2275 6363.
- + Hong Kong Adventist Hospital – Tsuen Wan reserves the right to make alterations to the price list without prior notification.

**Appointment & Enquiries**

Telephone : (852) 2275 6363  
 Website : www.twah.org.hk  
 Email : wellness.dept@twah.org.hk  
 WeChat : 5502 7979  
 WhatsApp : 5502 7979



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Valid date: 2019/12/31



身體檢查 (以下計劃只適用於門診病人)

	糖尿病	素食者	體重控制
+ 全科醫生健康評估及報告	✓	✓	✓
+ 足部檢查	✓		
+ 營養師飲食貼士			
了解不同食物對血糖升幅之影響	✓*		
如何減低素食者患上貧血之風險		✓*	
如何挑選營養高、熱量低之食物來控制體重			✓*
+ 健康生活指導/運動建議	✓#	✓#	✓#
<b>診斷影像</b>			
+ 心電圖	✓		✓
+ X光檢查			
肺部	✓		✓
+ 超聲波			
上腹部			✓
<b>化驗室檢驗</b>			
+ 全血球計算	✓	✓	✓
+ 心血管測試 (反應蛋白)	✓		✓
+ 腎功能檢查 (估計小球濾過率 <sup>^</sup> 、碳酸氫鈉、尿素、肌酸酐、尿酸、鈉、鉀、氯、鈣、磷)	✓	✓	✓
+ 糖尿檢查 (禁食血糖)	✓	✓	✓
+ 糖化血色素	✓	✓	✓
+ 血脂測試 (三酸甘油脂、總膽固醇、高、低密度膽固醇)	✓	✓	✓
+ 肝功能檢查 (總蛋白質、谷酸轉胺酶、總膽紅素、直接膽紅素、血清總蛋白、白蛋白、球蛋白、蛋白比例、谷草轉安酶、谷丙轉安酶、鹼性磷酸酶)	✓	✓	✓
+ 促甲狀腺激素 (TSH)			✓
+ 維他命B12		✓	
+ 維他命D		✓	
+ 總鐵結合能力		✓	
+ 鐵蛋白		✓	
+ 鋅		✓	
+ 鎂		✓	
+ 鐵		✓	
+ 葉酸		✓	
+ 微白蛋白/肌酸肝比率 (尿液)	✓		
+ 尿液檢查	✓	✓	
+ 糞便及潛血檢查		✓	
費用	\$3,270	\$4,900	\$4,280

A 自選檢查項目 (以下計劃只適用於門診病人)

凡參加以上身體檢查計劃，並同時或同日預約進行下列檢查皆可獲折扣優待：

- + 下肢動脈血管多普勒超聲波掃描
- + 頸動脈血管多普勒超聲波掃描
- + 冠狀動脈血管造影電腦掃描
- + 上腹部超聲波掃描
- + 骨質密度掃描
- + 運動心電圖
- + 地中海貧血測試
- + 血葡萄糖耐量試驗
- + 運動評估與健身指導
- + 營養輔導

本院另備有其他選擇性檢查項目，詳情請向本院醫生查詢。

注意事項

- + 進行糖尿病檢查後，醫生會按需要轉介至眼科專科進行眼底檢查。
- + <sup>^</sup>估計小球濾過率只適用於成人。
- + \*預約及查詢營養師飲食貼士，請致電本院營養師 (852) 2276 7338。
- + #預約及查詢健康生活指導，請致電本院健康生活促進中心 (852) 2275 6363。
- + 香港安醫院一荃灣保留更改及刪除上述資料權利，而無須另行通知。

預約及查詢

電話 : (852) 2275 6363  
 網址 : www.twah.org.hk  
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 微信 : 5502 7979  
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有效期至：2019/12/31

