

Signs and Symptoms 尿路結石的病徵

Urinary stones usually remain symptomless until they move into the ureter. When symptoms become apparent, they may include:

- + Severe pain
- + Nausea or vomiting
- + Blood in the urine
- + Fever or chills if there is an infection
- + Frequent urination (dysuria)

Most health examinations include urine tests, and an excessive number of red blood cells in the urine may be an early symptom of urinary stones.

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Appointment & Enquiries 預約及查詢

For further inquiries, please contact the Lithotripsy Center by phone or visit our website.

Telephone : (852) 2275 6240
Website : www.twah.org.hk



Map 路線圖



Bus 巴士

- | | |
|-------------------------------------|--------|
| 39A Tsuen Wan West Station | 荃灣西站 |
| 39M Tsuen Wan MTR | 荃灣港鐵站 |
| 30X Whampoa Gardens | 黃埔花園 |
| 30 Cheung Sha Wan | 長沙灣 |
| A38 Hong Kong International Airport | 香港國際機場 |

To the Hospital Via Castle Peak Road:
+ Alight at Tsuen King Circuit Flyover
+ Take the bus in front of Tsuen King Circuit Police Station

所有行經青山公路荃灣段之巴士：
+ 於荃景圍天橋站下車，
+ 然後步行至荃景圍警署轉乘巴士到醫院。

Minibus 專線小巴

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| 95M Tsuen Wan MTR | 荃灣港鐵站 |
| 95 Nina Tower | 如心廣場 |
| 84 Tsuen Wan Chung On Street | 荃灣眾安街 |

24 Hour Urgent Care Center

Adventist Health 港安 Hong Kong Adventist Hospital · Tsuen Wan
香港港安醫院·荃灣

Address 199 Tsuen King Circuit, Tsuen Wan, N.T. 199
Telephone (852) 2275 6688
Fax (852) 2275 6767
Website www.twah.org.hk



Valid date 2020/12/31
The Hospital reserves the right to change or amend details without prior notification.
For the latest information, please visit our website at www.twah.org.hk

www.twah.org.hk

Adventist Health 港安
Hong Kong Adventist Hospital · Tsuen Wan
香港港安醫院·荃灣

Extracorporeal Shock Wave Lithotripsy 體外碎石服務



⌘ Hong Kong Adventist Hospital – Tsuen Wan Lithotripsy Center 香港港安醫院—荃灣體外碎石中心

The Lithotripsy Center at Hong Kong Adventist Hospital – Tsuen Wan is equipped with the latest technology and managed by an experienced team of urologists, medical staff and other health care professionals to ensure you receive the best care and treatment for urinary stones.

In accordance with the “Total Health” concept of our hospital, our dedicated nephrologists, registered dietitians, and Lifestyle Educators – Nurses of Life Management Center provide lifestyle and dietary advice to help prevent future recurrences.

⌘ The Advantages of ESWL 體外碎石的優點

- + Low risk +
- + Minimally invasive +
- + Minimal pain +
- + Short recovery time +
- + High success rate +
- + Minimal radiation exposure +

⌘ Can Anyone with Urinary Stones Receive ESWL? 任何人都可以接受碎石治療嗎？

Although ESWL is a minimally invasive procedure, the treatment may not be suitable for everyone. If you have symptoms of urinary stones, please consult your doctor or urologist to determine the best course of treatment.

⌘ The Procedure 體外碎石治療過程

You will be asked not to eat or drink for six to eight hours prior to the procedure, and a blood test may also be required. Intravenous sedation offered by a urologist or Monitored Anaesthesia Care (MAC) by an anesthetist may be used for pain management during ESWL, which is performed under X-ray or ultrasound guidance. This allows the stone to be accurately targeted, thus maximizing stone fragmentation. Your condition will be closely monitored throughout the duration of treatment.

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⌘ Potential Side Effects and Complications 可能出現的副作用和併發症

Usually, side effects following the procedure are mild. These may include pain in the loins and lower abdomen, or blood in the urine. Potential complications include incomplete stone passage, bleeding under the kidney capsule, and ureteric blockage by stone fragments. Although the risks associated with ESWL are relatively low, you should consult a doctor for diagnosis and treatment in case complications arise.

⌘ What are Urinary Stones? 甚麼是尿路結石？

Urinary stones are the result of a build-up of minerals from the urinary system, such as the kidney, urethra, and bladder. They can grow to the size of a table tennis ball or may be as fine as sand. Urinary stones that remain inside the body may lead to pain, discomfort, or even affect kidney function.

⌘ Who is at Risk? 高危人士

Urinary stones are four times more common among males than females, and usually occur between the ages of 30 and 50. A previous urinary stone occurrence increases a person's risk of developing subsequent stones in the future.

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體外衝擊波碎石治療

A	體外衝擊波碎石治療套餐	收費
	治療 結石	\$17,750

費用包括：

結石 接受不 過 療程的 費用
費

費用不包括：

醫 費
費

病人 接受 體外碎石 的治療
體外碎石 時可 可能 以 外
體外碎石治療

體外衝擊波碎石治療人士 可 院
的 及 過 發
查詢

院 院服務 不 人士的
院 查詢

尿 醫 套餐是 用 病人
任何 院 查

查詢 院體外碎石中心
院

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Extracorporeal Shock Wave Lithotripsy