

Important Information

- + Inform your doctor if you suffer from an allergy, high blood pressure, heart disease, diabetes and if you are taking anti-thrombosis medication.
- + Normal vision will be restored within a few weeks following the surgery. Mild refractive errors are normal (including presbyopia).
- + Eyedrops may be prescribed postoperatively as an aid to healing and prevention of infection. Follow-up consultations are important and should not be postponed.
- + Take plenty of rest after the surgery and avoid vigorous exercises and swimming.
- + Avoid rubbing or pressing on your eye.
- + Consult the doctor immediately if you develop persistent pain, redness, swelling, or any loss of vision.

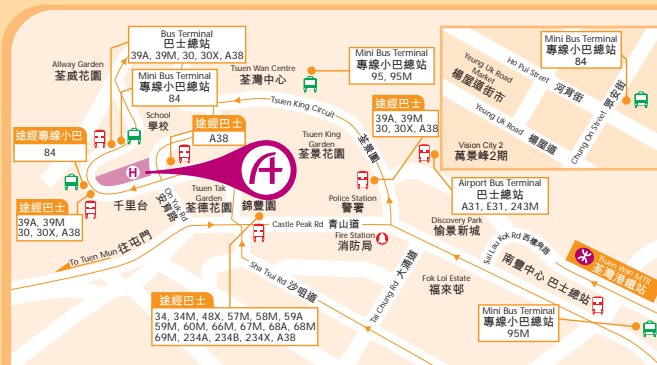
Appointment and Enquiries

You are welcome to contact our Eye Clinic for more information.

Telephone : 2276 7086



Map



Bus

39A Tsuen Wan West Station	荃灣西站
39M Tsuen Wan MTR	荃灣港鐵站
30X Whampoa Gardens	黃埔花園
30 Cheung Sha Wan	長沙灣
A38 Hong Kong International Airport	香港國際機場

To the Hospital Via Castle Peak Road:
 + Alight at Tsuen King Circuit Flyover
 + Take the bus in front of Tsuen King Circuit Police Station

所有行經青山公路荃灣段之巴士：
 + 於荃景圍天橋站下車，
 + 然後步行至荃景圍警署轉乘巴士到醫院。

Minibus

95M Tsuen Wan MTR	荃灣港鐵站
95 Nina Tower	如心廣場
84 Tsuen Wan Chung On Street	荃灣眾安街



Adventist Health 港安 Hong Kong Adventist Hospital • Tsuen Wan
 香港港安醫院 • 荃灣

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 Website www.twah.org.hk



Valid date 2020/12/31
 The Hospital reserves the right to change or amend details without prior notification.
 For the latest information, please visit our website at www.twah.org.hk

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Adventist Health 港安
 Hong Kong Adventist Hospital • Tsuen Wan
 香港港安醫院 • 荃灣

Cataract Extraction

- Eye Clinic



Hong Kong Adventist Hospital – Tsuen Wan Eye Clinic

With a dedicated team of ophthalmologists and nursing staff, utilizing state-of-the-art equipment, Hong Kong Adventist Hospital – Tsuen Wan Eye Clinic provides a full range of eye examinations, as well as expert surgical treatment for patients with diseases of the eye, including cataracts, glaucoma, macular degeneration, geriatric and pediatric eye diseases, refractive errors, and others.

What is Cataract?

Cataracts are one of the three main causes of blindness in Hong Kong. It is not necessary to wait until the cataract becomes mature. When there is a significant decrease in vision that affects your work or daily activities, cataract extraction should be encouraged. Surgical risks increase as the cataract matures.

A cataract is a clouding of the eye's natural lens. It blocks the refraction of light to the retina and causes deterioration of vision. Cataract can develop into acute glaucoma, causing headaches and pain in the eye. It is important to consult your doctor if any of the above symptoms should occur.

Causes and Symptoms

Cataracts generally occur in older patients. Diabetes, ocular trauma, long term usage of steroids and an inherited predisposition, represent some of the risk factors. At onset, a cataract may not cause obvious symptoms, but as it increases in size and density, the symptoms become troublesome.

Significant symptoms:

- + A clouding or blurring of vision
- + Colors tend to fade
- + Eyes tire easily
- + Photophobia (discomfort, and at times pain, due to glare and bright light)

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Small Incision Cataract Surgery

Cataract Extraction is the most effective treatment available. Using state-of-the-art equipment, our Eye Clinic provides small incision cataract surgery which can be performed under local anesthesia with complete patient comfort. Recovery after this operation is significantly faster than with the older traditional surgery.



Phacoemulsification is the most advanced method and utilizes an ultrasonic probe to soften and break up the lens, thus allowing the lens with its cataract to be removed by suction.

Implantation of an intraocular lens restores the patient's vision. This plastic lens requires no after-care, and becomes a permanent part of the eye.



Risks Associated with Cataract Surgery

A few patients may develop infection, glaucoma, or a problem with wound healing, however, the overall incidence of these complications is small, and the majority of patients are very satisfied. Please discuss any concerns you have with the doctor prior to committing to surgery.

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